

**ONEDAY TRAINING:**Keini LYAC te chuan Ni 19.10.2021 khan kum 2021-2022 chhung a kan activities hmasa ber atan "One Day Training",Ailawng ram Vaipuanpho Base Camp ah kan nei a, O.B-4 leh ex O.B-2 in training kan pe a,Equipment Introduction,Trekking,Rope knots,Jumaring,Zipline te kan neih pui thei a. He kan training neih naah hian sawrkarin SOP a duan ang te a theih chin chinah tha taka zawm a ni.Training ah hian member 36 bawr vel kalin buaina em em awm loin training tluangtakin kan zo thei a ni.

**(EQUIPMENT INTRODUCTION)**



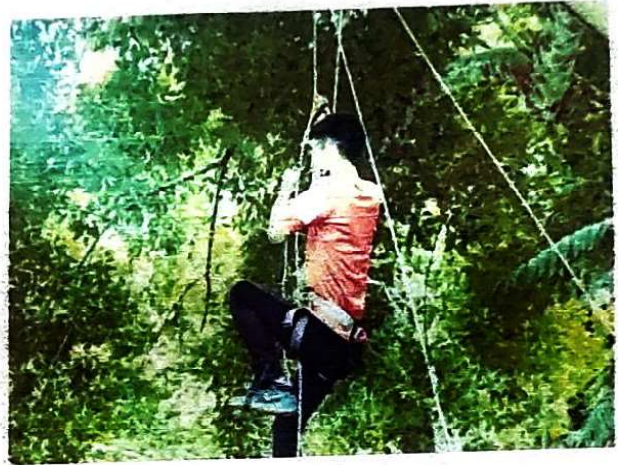
**(ROPE KNOT)**



**(TREKKING)**



**(JUMARING)**



**(ZIP LINE)**



**(GROUP PHOTOS)**

