

ONE DAY TRAINING

Dt. 08.12.2021 hian *ONE DAY TRAINING*

Berawtlang ah neih a ni a, Member 35 Mipa-15, Hmeihchhia - 20 kan kal a, hemini hian Trekking, Rope Knot, Jumaring, Zip line, Cat Walk leh Rappelling te OB-8 in training kan pe thei a, Ex-OB thenkhat ten min lo tawiawm thei bawk a, inhliam leh harsatna awm lo in training hi tluang takin kan zo thei a nuam kan ti tlang hle a ni.

TREKKING



ROPE KNOTS



JUMMARING



ZIP LINE

