

VAC 101

Course Outcome

Unit – I

Unit – II

Unit – III

Unit - IV

Universal Human Values

2 Credit

By the end of the course students are expected to become more aware of themselves and their surroundings (family society nature) they would become more responsible in life and in handling problems with sustainable solutions while keeping human relationships and human nature in mind

Introduction to Value Education

Right Understanding.
Relationship and
Physical Faculty

Understanding Value Education.
Self-exploration as the Process for
Value Education, Continuous Happiness
and Prosperity —the Basic Human
Aspiration — Current Scenario and
Method to Fulfill the Basic Human
Aspirations

Harmony in the Human Being

Understanding Human being as the
Co-existence of the Self and the Body
distinguishing between the Needs of the
Self and the Body The Body as an
Instrument of the Self Understanding
Harmony in the Self Harmony of the Self
with the Body Programme to ensure
self— regulation and Health

Harmony in the Family and Society and
Nature

Harmony in the Family — the Basic Unit
of Human Interaction

Trust”

— the Foundational Value in
Relationship Respect — as the
Right Evaluation Other Feelings Justice
in Human-to-Human Relationship
Understanding Harmony in the Society ;
Vision for the Universal Human
Order; Understanding
Harmony in the
Nature: Interconnectedness
self-regulation and Mutual Fulfillment
among the Four Orders of Nature

Implications of the Holistic
Understanding — a Look at
Professional Ethics

Definitiveness of (Ethical) Human
Conduct A Basis for Humanistic
Education Humanistic Constitution and
Universal Human Order Competence in
Professional Ethics. Holistic

Technologies Production System and
Management Models Strategies and
Management Models Strategies for T
ransition towards Value — based Life
and Profession

Suggested Reading:

- A Foundation Course in Human Values and Professional Ethics*, R R Gaur, R Asthana G P Bagaria 2nd Revised Edition Excel Books, New Delhi 2019, ISBN 978-93-87034-47-1
2. Teachers' Manual for *A Foundation Course in Human Values and Professional Ethics* R R Gaur R Asthana G P Bagaria. 2nd Revised Edition Excel Books New Delhi 2019 ISBN 978-93-87034-53-2

3. Jeevan Vidya: EkParichaya, A Nagaraj, Jeevan Vidya Prakashan, Amarkantak, 1999.
4. Human Values, A.N. Tripathi. New Age Intl Publishers, New Delhi, 2004.
5. The Story of Stuff (Book)
6. The Story of My Experiments with Truth — by Mohandas Karamchand Gandhi
7. Small is Beautiful — E F Schumacher
8. Slow is Beautiful — Cecile Andrews
9. Economy of Permanence — J C Kumarappa
10. Bharat Mein Angreji Raj — Pandit Sunderlal
11. Rediscovering India — by Dharampal
12. Hind Swaraj or Indian Home Rule — by Mohandas K. Gandhi
13. India Wins Freedom — Maulana Abdul Kalam Azad
14. Vivekananda — Romain Rolland (English)
15. Gandhi — Romain Rolland (English)