## Report from Department of History.

Workshop on Drug Abuse-Prevention Awareness.

Jointly organised by: NSS and Department of History, Government Aizawl North College.

Date: 21st September, 2023. Time: 11:45am - 12:30pm

Resource Person: Lalrindika, Master Trainer, District Level Task Force on

Ruihhlo Do.

The session on Drug Abuse and Prevention Awareness was inaugurated by the Chairperson Dr.Lalhmingliani Ralte, Associate Professor, Department of History and she addressed the topic of the programme and gave a welcome speech to the resource person as well as to all the participants including the students and Teaching Faculty of various departments.

The Resource Person Lalrindika gave an introductory speech and gave significant points on how the session will be beneficial for the youth culture. He gave a brief definition of drug abuse, quoted "Substance abuse is when you take drugs that are not legal... when you use alcohol, prescription medicines and other legal substances too much or in the wrong way". He then talked about how drug addiction can have a severe impact on an individuals social life and how it can lead to strained relationships with family and friends.

After his fruitful speech the Chairperson praised the Resource person on how encouraging it was and called upon Mrs.C.Ramhmangaih NSS P.O to deliver vote of thanks. She gave thanks to the Resource person, students and all the participants of the insightful workshop.



