

Anti-tobacco Awareness program 2nd September 2022

The Department of Political Science at GANC took proactive steps in fostering a healthier community by organizing an Anti-tobacco Awareness Program held in both room 304 and A-1. Dr. Lalremruati, an esteemed expert from the National Tobacco Control Programme under the National Health Mission, Mizoram, played a pivotal role in the event by delivering a compelling lecture on the dire consequences of tobacco consumption.

Dr. Lalremruati's expertise shone through as she articulated the gravity of tobacco usage, elucidating the myriad detrimental effects it imposes on both individual health and broader societal well-being. Her emphasis on the nuanced aspects of tobacco's impact, encompassing health, social, and economic dimensions, aimed to instill a profound understanding of the urgency in combating this public health challenge.

The targeted audience, comprised of first and third-semester students from the Department of Political Science, stood to gain significantly from this awareness program. Dr. Lalremruati's lecture not only provided factual insights but also served as a catalyst for critical thinking among the students, encouraging them to reflect on the broader implications of tobacco usage within the socio-political context.

By fostering a heightened awareness of the detrimental effects of tobacco consumption, the program empowered students with the knowledge and motivation to make informed choices for their well-being. Beyond individual impact, the initiative contributes to building a healthier campus environment and aligns with the broader mission of creating socially responsible and health-conscious citizens among the student body.









