

Lecture on Life Skills

The Department of Education, Govt Aizawl North College organized a lecture on Life skills on the 14th April 2022, for the students of B.A 5th Semester Honours.

Dr. Angela Zoramthangi, Head of Department, delivered an interesting lecture on Life Skills that focuses on developing personal life skills such as self-reflection, self-realization, critical thinking, and problem-solving and inter-personal skills. The lecture aims to help the growing young minds to prepare them for the challenges in everyday life and to promote competence as they face the realities of life.

