

GOVERNMENT AIZAWL NORTH COLLEGE

DEPARTMENT OF ECONOMICS

REPORT ON RECREATIONAL PICNIC

Dated: 4th September, 2023

The Department of Economics at Government Aizawl North College orchestrated a meticulously planned recreational picnic at Elevation Farm, Lawipu, drawing the participation of approximately forty-eight students. Facilitated by a state transport bus that commenced its journey from the Chaltlang State Transport office at 9:30 am, the contingent reached its destination promptly at 10 am.

The commencement of the event was marked by a solemn prayer led by the class representative, followed by the customary group photograph. The primary objective of this excursion was to foster camaraderie and unity among the students, offering a temporary reprieve from the demands of academic pursuits. Attired in fashionable attire, the attendees exuded a palpable sense of jubilation, momentarily alleviating the burdens of scholastic stress. The day unfolded with a carefully curated spread for both lunch and dinner, not only enhancing the communal experience but also providing essential sustenance for both body and mind.

The physical benefits of this outing extended beyond mere enjoyment, incorporating elements of relaxation and recreation vital for overall well-being. However, the intrinsic value of this recreational interlude went even further, reaching into the realms of mental rejuvenation and enhanced academic focus. The brief respite from the rigors of routine life acted as a mental reset, allowing students to return to their studies with renewed vigor. The joyous atmosphere, coupled with the beautiful surroundings, contributed to stress reduction, fostering a positive mindset conducive to academic success.

As the clock struck 6 pm, the return journey commenced, ensuring the safe and secure arrival of the students to their respective homes. Gratitude permeated the sentiments of the participants, acknowledging the day's significance not merely as an escape but as a strategic investment in mental fortitude. The enduring impact of such picnics, far from being transient, lies in their ability to enrich the lives of students holistically – mentally, physically, and academically. Thus, the endorsement of such outings is grounded not only in the enjoyment they afford but also in their profound and lasting contributions to the overall well-being and scholarly pursuits of the students.

Reported by

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